

VOL 2

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Save Aravali Trust

NEWSLETTER



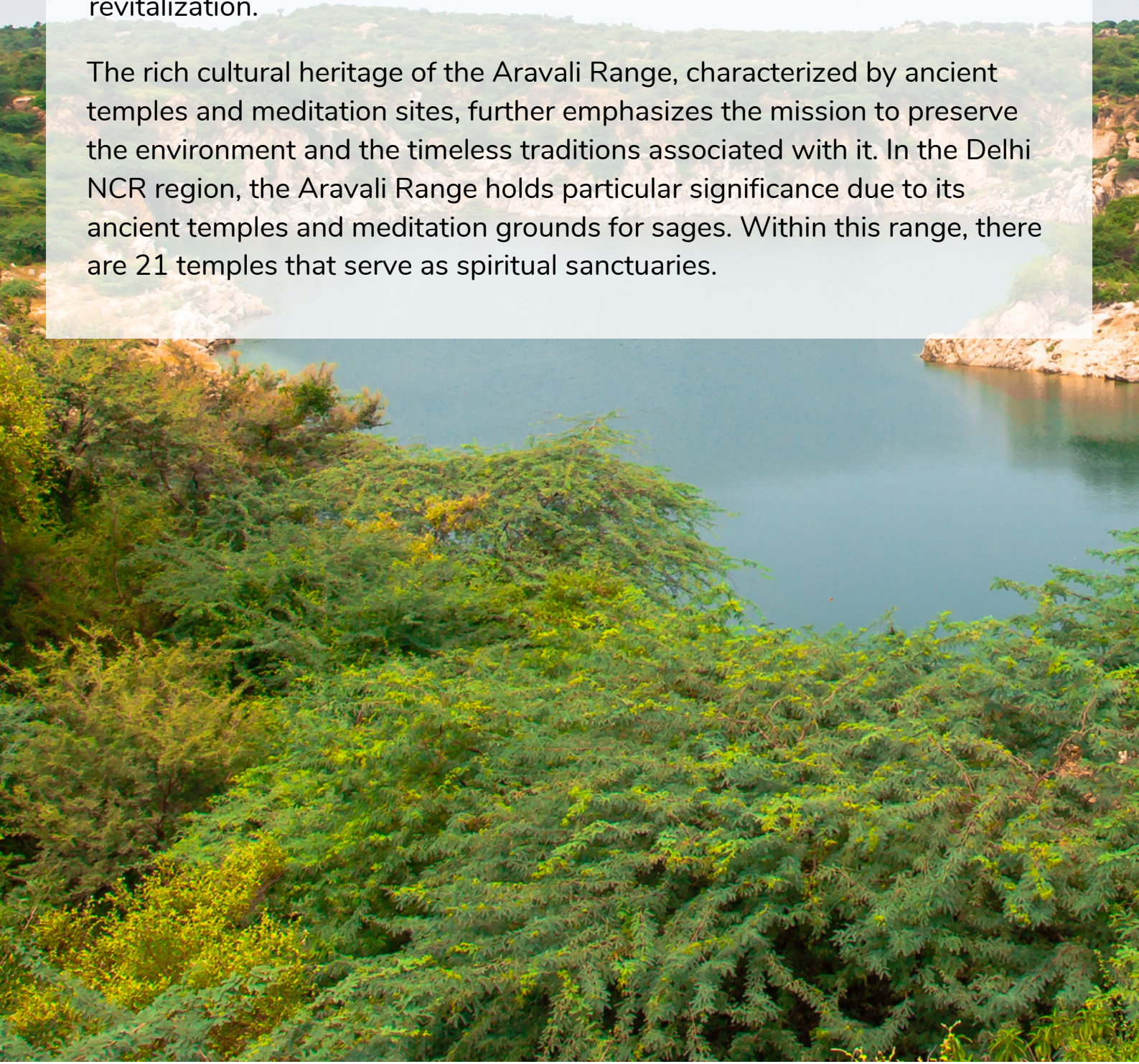
Volunteers for environment



SPIRITUAL IMPORTANCE OF ARAVALI

The Aravali Range is one of the oldest mountain ranges globally, spanning across Gujarat, Rajasthan, Haryana, and Delhi. It holds deep religious and revered status in Hindu mythology and is mentioned in ancient texts like the Mahabharata and Ramayana. For many people in the area, the Aravali Range represents a symbol of spirituality. The lush forests, serene landscapes, and ancient temples nestled within the range attract pilgrims, spiritual seekers, and nature enthusiasts. Some individuals believe that the mountains possess positive energy and serve as a source of spiritual revitalization.

The rich cultural heritage of the Aravali Range, characterized by ancient temples and meditation sites, further emphasizes the mission to preserve the environment and the timeless traditions associated with it. In the Delhi NCR region, the Aravali Range holds particular significance due to its ancient temples and meditation grounds for sages. Within this range, there are 21 temples that serve as spiritual sanctuaries.



MANGAR BANI TEMPLE

Mangar Bani is believed to be protected by Baba Gudariya Das, a revered saint. According to local oral tradition, Baba Gudariya Das safeguards the forest and punishes those who harm it. According to the beliefs, it is said that even picking a stick from the area surrounding the temple could lead to the unfortunate demise of one's son. This belief has contributed to the heightened level of protection and reverence accorded to the temple.



PALI BANI TEMPLE FARIDABAD





**MOHBATABAD JHARNA
TEMPLE**

According to the legends related to the Mahabharata period, the waterfall called Mahabharata Carpet Waterfall is located in Mohbatabad village, Faridabad. It is said that when the Pandavas established the city of Indraprastha, they manifested many springs on this desolate aravali mountain through their penance. The Mohbatabad waterfall is one of them. It is also considered the Tapobhoomi (place of penance) of Udayalak Muni, and the cave where the sage meditated still exists with his idol installed, which is worshiped by people. Inside the cave, there is a massive rock that stands without any support, which is a significant attraction of this place. The waterfall used to flow throughout the year until 30 years ago.

The historical Parson temple near Ankhir village in the aravali hills is related to the Mahabharata, and it derived its name after the legendary Parashar Rishi, who came and stayed there. The temple premises contain a natural source of continuously flowing water, which used to attract pilgrims from far and wide for a holy bath. Hanuman's footprints can be found there, and it is a sacred and ancient temple in the heart of the forest where Sharvan Kumar's father meditated. It is considered the birthplace of Ved Vyasa, the author of countless scriptures, including the Mahabharata.



PARSON TEMPLE



Johads, among the oldest traditional water harvesting systems, are small earthen check dams designed to capture and store rainwater. They play a vital role in conserving water and enabling its percolation into the ground. These reservoirs also contribute to replenishing the water volume of perennial rivers, serving as a crucial abiotic element for the restoration of biodiversity.

Our enthusiastic volunteers **Mr. Vijay Benjwal**, **Kailash Bidhuri**, **Lucky Bhadana** with their team, came together to construct this marvel. With careful planning, an area with natural elevation on three sides was chosen. The team excavated a storage pit and utilized the soil to create sturdy boundaries. This endeavor was made possible through the dedication of our volunteers and the generous support of nature's well-wishers, whose donations made it all possible. We are deeply grateful for their unwavering commitment.



The impact of our collective efforts was soon evident. As the unseasonal rains of May and June graced the land, our newly crafted Johad was quenched, reaffirming the symbiotic relationship between humans and nature. To our sheer delight, we discovered footprints of wild animals near the Johad, a clear indication of their contentment with the biodiversity of the thriving ecosystem. This ultimately empowered our aim to restore biodiversity in Faridabad.

Pramod Dwivedi

STELLAR VOLUNTEER



We at Save Aravali Trust, heavily rely on donations to drive critical initiatives like reforestation, habitat restoration, and community outreach programs. These initiatives are geared towards educating and involving local communities in environmental conservation, ensuring a sustainable future for the Aravali Range and its diverse wildlife.

One individual who embodies motivation and determination in this endeavor is **Mr. Pramod Dwivedi**. As an avid runner and dedicated volunteer for Save Aravali Trust, Pramod harnessed his passion for marathon running to make a significant impact. With a firm commitment, he pledged to run a marathon and launched a successful fundraising campaign on the AidBees platform. Through his efforts, he raised an impressive amount of Rs. 95,328 to support the trust's cause. Additionally, Pramod managed to secure a donation of 2 lakh rupees as part of his company's Corporate Social Responsibility initiative.

At 41 years old, Pramod is an investment professional who has been running passionately since 2015. With a remarkable distance of approximately 8,200 kilometers covered through practice runs and races across India, Pramod's dedication to running is awe-inspiring. His decision to participate in the Bengaluru TCS World 10K, a renowned event that promotes an active and healthy lifestyle, further exemplifies his commitment to making a difference.

In his heartfelt appeal, Pramod emphasized the profound importance of the Aravali Range to the National Capital Region (NCR). He highlighted its role as a lifeline shielding the region from desert dust storms and enabling groundwater recharge through its aquifers. Pramod underscored the ecological significance of the Aravali Range, which supports a wide array of wildlife, including endangered species like leopards. He believes that his fundraising activities for Save Aravali Trust have a broader message, aiming to create awareness that we are all interconnected and that each of us has a responsibility to protect the Aravalis, which is a shared natural heritage in our own backyards. His earnest hope is that his efforts will contribute to raising awareness and protecting the Aravali Range from further degradation.



Save Aravali Nursery

The Save Aravali Nursery located at Badkhal-Pali Road, which was established by transforming a local dump yard into a fully operational seed germination center that houses tens of thousands of Aravali flora, encountered several significant challenges. The saplings that were stored at the nursery had begun to take root in the storage grounds themselves. Additionally, the nursery grounds would become submerged every time it rained in Faridabad.

To address this issue, resolute volunteers of Save Aravali Trust **Mr. Vikas Thareja, Jagmohan Yadav** and **Raju Rawat** stepped forward. They not only conceptualized a solution, but also took action to renovate the nursery's grounds by constructing a base made of Gator stones and bitumen waterproof paint. This initiative helped prevent the nursery from becoming submerged during rainfall, as well as prevented unwanted roots from growing in the nursery grounds. Overcoming this challenge enabled the team to create new beddings with several Aravali-specific fauna, particularly an increased number of **Palash**. Despite facing numerous obstacles, Save Aravali Nursery has persevered and succeeded in creating a thriving ecosystem that is home to a diverse range of Aravali flora to promote environmental conservation and sustainability.



ALAKH - EDUCATING THE YOUTH

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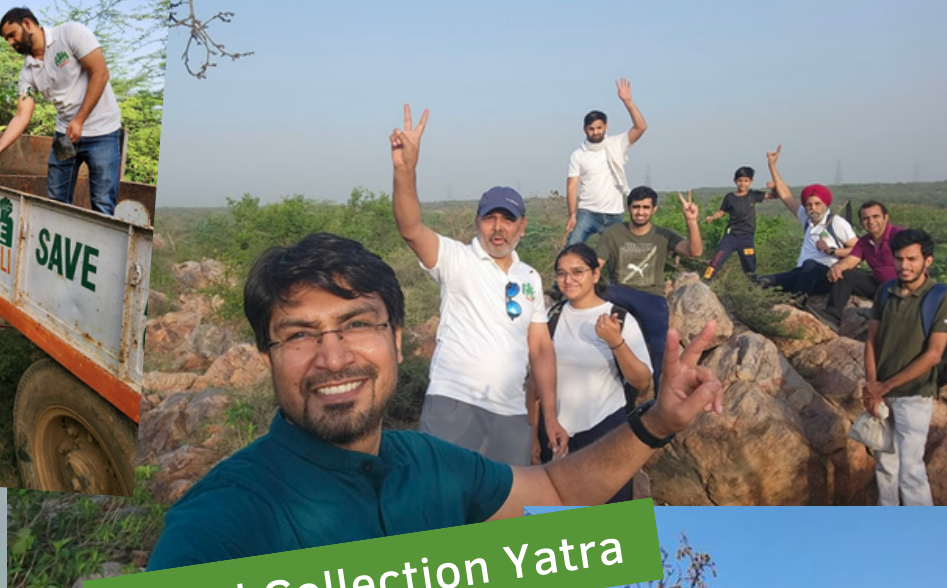
While today's youth is getting excellent education, it is equally important to make them aware regarding environmental consciousness for fostering a sustainable future. We, at Save Aravali Trust, run our awareness campaign - Alakh, under which we partner with universities, colleges, schools and other education centres to spread this message. The youth are the future custodians of the planet. By educating them about environmental conservation, we empower them to make informed decisions and take right actions. By instilling a sense of responsibility and understanding at a young age, we can shape a generation that values and prioritizes environmental protection. By raising awareness, we can also mobilize them to address the environmental challenges such as climate change, biodiversity loss, pollution, deforestation, and resource depletion, and find innovative solutions.



"IT IS ESSENTIAL TO NURTURE A GENERATION THAT UNDERSTANDS, VALUES AND ACTIVELY WORKS TOWARDS PROTECTING THE ENVIRONMENT. THEIR ACTIONS TODAY WILL SHAPE THE SUSTAINABILITY AND WELL-BEING OF FUTURE GENERATIONS"



Manav Rachna
Radio 107.8 FM



Seed Collection Yatra



Promtheus School, Noida



Dyal Singh College, DU



Raahgiri Day, Gurgaon

Music Launch, EkAnk



Plantation Drive



Manav Rachna School
Charmwood Village



@theapprisers podcast



Raahgiri, Chandni Chowk

Lunch with ground staff



पंचवर्षीय पेंशन
लेकिन बेकालत में
समाप्त थी। हमने देखा
अपनी पेंशन के अंदर
मुझ सातब दोसे है,
हो काफ़ी सातब पुराने है, लेकिन जल्दों
बहरका था फ़ाली नहीं आता है। इनको
लेकिन बिना में अपने सपनों के साथ
साथ कर झुझिका मनी को दोसने
हो साम मुझ किया। फ़ाली बहरके में
हमने फ़ाली सातब को ज़ीबित किया।
2017 से लेकर अब तक 14 सालों को
जिबित कर चुके है। हमने अपना
अनुभव में 4 और फ़ाली में 4 सातब
समय है।

अदुर्लभों का बनना मजदूर
रोब आवासी
1972 के भारत
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का भारत है कि
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का अर्थी भारत का
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से जब बात की गई तो उन्होंने कहा फरीदाबाद के AGM अर्जुन से करिए। उन्होंने कहा कि बंधवाड़ी प्लांट कुलदीप देख रहे हैं। उन्हें फोन की जब कुलदीप को फोन किया तो उन्होंने मैनेजर का नंबर दिया।

DONATE NOW!

Save Aravali Trust has been tirelessly working towards creating a better environment especially for the people of Delhi NCR by planting lacs of trees, developing lush green forests and ultimately reviving the Aravalis. As we continue our journey of saving Aravalis, we request all of you to come forward and help us in making a bigger impact!

SCAN ME



20230315102539@yesbank



♥ Donate via EaseBuzz

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Account number	10052660869
IFSC Code	IDFB0021313
Account holder name	SAVE ARAVALI TRUST

EDITING & DESIGNING TEAM OF NEWSLETTER

Jitin Tanwar, Maanyaa Gupta, Muskaan Garg, Sharanya Srivastava, Surbhi Pal



CONNECT WITH US



/SaveAravali

PHONE: +919910087107

EMAIL: INFO@SAVEARAVALI.ORG